

## Looking Forward: Where Do I Go From Here?

Complete as many of these as you can during class time. You can choose to start with whichever unit you want and work in whatever order you prefer.

**Think about what you learned from Unit 1: Learning with a Purpose (exploring careers, thinking through my purpose, building a vision board).**

What did you learn from this unit?

How will what you learned help you succeed in high school?

How will what you learned help you succeed in life beyond high school?

**Think about what you learned from Unit 2: Confronting Challenges and Having a Growth Mindset (managing stress, mindfulness, problem solving, growth mindset).**

What did you learn from this unit?

How will what you learned help you succeed in high school?

How will what you learned help you succeed in life beyond high school?

**Think about what you learned from Unit 3: Managing my Own Learning (staying organized, time management, active reading, note taking, SMART goals)**

What did you learn from this unit?

How will what you learned help you succeed in high school?

How will what you learned help you succeed in life beyond high school?

**Think about what you learned from Unit 4: Interaction with Others as We Learn Together (connection circles, classroom community, healthy relationships, active listening, team building)**

What did you learn from this unit?

How will what you learned help you succeed in high school?

How will what you learned help you succeed in life beyond high school?

**Think about what you learned from Unit 5: Making a Difference in My Community and World (exploring school and community issues, volunteer project)**

What did you learn from this unit?

How will what you learned help you succeed in high school?

How will what you learned help you succeed in life beyond high school?