

Student Activity Sheet: Moving On from Failure

Think about a time when you made a huge mistake or failed miserably at something. **Describe** that time in several sentences. Discuss **what happened** (including important background details) and **how it made you feel**.

What are some **lessons** you can learn from this failure? (Consider how these may include one or more of the following: new ways of doing things, things to avoid, people to consult, ways of thinking, etc.)

What would help you to keep on trying in the future, in spite of this failure? (Who can you call on for help?)