

## Student Activity Sheet: Moving On from Failure

Think about a time when you made a huge mistake or failed miserably at something.

**Describe** that time in several sentences. Discuss **what happened** (including important background details) and **how it made you feel**.

What are some **lessons** you can learn from this failure? (Consider how these may include one or more of the following: new ways of doing things, things to avoid, people to consult, ways of thinking, etc.)

**What would help you** to keep on trying in the future, in spite of this failure? (Who can you call on for help?)