

## My Video Reviews

Tell the authors what you think by circling your response to each question:

### Video #1—*Neuroplasticity*:

**1. How important was the information in this video?**

Not at all important      Somewhat important      Very important

**2. How boring was the video?**

Very boring      Somewhat boring      Not boring

**3. How confident are you that the video will encourage viewers to not give up when they confront challenges?**

Not confident      Somewhat confident      Very confident

**4. Overall, would you rate the video as rotten or fresh?**



Rotten



Fresh

### Video #2—*“You Can Learn Anything”*:

**1. How important was the information in this video?**

Not at all important      Somewhat important      Very important

**2. How boring was the video?**

Very boring      Somewhat boring      Not boring

**3. How confident are you that the video will encourage viewers to not give up when they confront challenges?**

Not confident      Somewhat confident      Very confident

**4. Overall, would you rate the video as rotten or fresh?**



Rotten



Fresh