



My Future Self Part II

This lesson is designed to connect students' current learning in school with their personal goals for the future.

Essential Question

How does my learning at school help prepare me to become the person I want to be?

Guiding Questions

What does it mean to plan a structure for your life?

How can a Life's Blueprint help me create a path to my future?

Objectives

- Students will create Vision Boards or other visualization products that express their Life's Blueprint (vision) for their future.

Advance Preparation

- Make copies of "My Life's Blueprint Think Sheet" for students to use.
- Have materials that students will use to create Vision Boards laid out for student access.

Materials/Resources

- Lesson slides
- Poster board or bulletin board paper
- Paper (various sizes: xerox/construction/note cards)
- Markers/pens/crayons/colored pencils
- Magazines
- Glue sticks
- Optional: personal photos, popsicle sticks, Legos
- Optional: personal electronic devices (tablets, cell phones, etc.) for digital vision boards

Student Materials

- "My Life's Blueprint Think Sheet"

Do Now

3 min.

Share with a partner what you learned or found inspiring from the videos you watched and sample vision boards they viewed. What did you notice? Are there ideas you want to incorporate into their own boards or projects?

Introduction (Framing/Overview)

5 min.

1. Student Dedication (30-60 seconds)
2. Invite several students to share with the class the things they noticed or found inspiring from the videos and sample vision boards they examined during the last class session.

Activity 1

27 min.

3. Students create/construct their Life's Blueprint visualization boards/products.
 - a. Students complete their Life's Blueprint Think Sheet to help guide the creation of their Life's Blueprint boards and projects. (Students complete the sheet individually, but can discuss ideas with partners or teams.)
 - b. Students decide what kind of vision board or project they will make and choose a basic structure, drawing on examples from yesterday's lesson.
 - c. Students place goals and ideas (words, symbols, etc.) on their board/project.
 - d. Students find images, words, and/or quotes (from personal photos, magazines, and/or the internet) for their vision board/products. Students can also add doodles or sketches. Encourage them to be as creative as they like.
 - e. Students sort and arrange the images and words on their boards or digital spaces.
 - f. Students edit their boards and (for physical boards) glue the images, words, etc., in place.

Cooperative Learning**Individual Creative Activity****Activity 2**

8 min.

4. Students share their boards with their team or a partner.
5. Students identify a place to display their boards where they will see them, use them, and be motivated by them on a regular basis.

Pair and Share

Closure

2 min.

6. Students' exit ticket is their Life's Blueprint board/product.

Extensions

If you have more time in class, choose one of the following:

- Engage the class in a discussion to identify ways that skills they are learning now in their various classes help prepare them to achieve their Life's Blueprint in the future.
- Have students do a gallery walk around the classroom to appreciate one another's work.
- Invite students to start a Life's Blueprint Journal to chronicle their progress towards their Life's Blueprint.

Homework: If you wish, have students write a reflective paragraph identifying what their next steps toward fulfilling their Life's Blueprint should be.

Lesson Plan Material References:

<https://sites.psu.edu/criticalanalysisdg/2019/11/01/martin-luther-king-jrs-morivational-speech/>

https://memphistr.org/reflection-on-mlks-what-is-your-lifes-blueprint/?gclid=CjwKCAiA65iBBhB-EiwAW253W_MtahZmf10YCI5EEWi3dLAV5-ZLNtkMHXOFtTvd-sJ8pd0AIYtnxxoCdFIQAvD_BwE

<https://wyldlifeleader.org/2018/01/15/mlks-important-speech-to-junior-high-students-a-lesson-on-audience-purpose-profundity-and-truth/>

<https://lucasjlatour.medium.com/finding-your-lifes-blueprint-template-for-reflection-based-on-mlk-s-1967-speech-aec875ceacd9>

<https://www.beaconbroadside.com/broadside/2017/10/the-50th-anniversary-of-martin-luther-king-jrs-what-is-your-lifes-blueprint.html>

<https://shakeuplearning.com/blog/student-created-vision-boards-google-slides/>

<https://www.education.ne.gov/nce/careerdevelopment/lesson-plans/self-awareness-lesson-plans/>



My Life's Blueprint Think Sheet

(You should complete your worksheet individually, but you can discuss ideas with a partner or small group and work with them as thought partners.)

These are the questions...

Here are my answers...

How do I want to express my dignity, worth, and my own "somebodiness"?	
What values do I want to live by?	
What are my passions?	
What is the life that I want? · I want to experience... · I want to be... · I want to have...	
What is the world I want to live in? · I want the world to have... · I want the world to be...	
What do I want to accomplish? What will I do in life — what will be my life's work?	