

All About Me Questionnaire

What kind of jobs would best fit your personality and abilities? Would you rather work with numbers or work with people? Work with your hands or work with ideas? Learn more about yourself by completing this questionnaire. **Put a check next to every item that is true of you.** (If the statement is not true about you, leave the space blank.) Then add your total score for each category.

Category # 1

I like to play team sports.	
I like to operate tools and machinery.	
I like to work outdoors.	
I like to work on cars.	
I like to work with my hands.	
I like to fix things.	
I like to get things done.	
I like to be physically active.	
TOTAL SCORE CATEGORY # 1	



Category # 2

I like to use scientific information to solve problems.	
I like to figure things out.	
I can often suggest a better way to accomplish a task.	
I like to work alone rather than with groups of people.	
I like to perform science experiments.	
I pay close attention to details.	
I like to solve complex problems.	
I like to work with ideas more than people or things.	
TOTAL SCORE CATEGORY # 2	

Category # 3

I like to make gifts or crafts for friends and family.	
I like to write stories or poems.	
I write in a journal or diary.	
I like to play a musical instrument or sing.	
I am more of a free spirit than a person who wants to follow rules.	
I like to decorate.	
I like to perform in plays.	
I like to take pictures that really capture a person's personality.	
TOTAL SCORE CATEGORY # 3	

Category # 4

I like to do volunteer service.	
I like working with people rather than things.	
I like to help people with their problems.	
I would enjoy working with kids or teens in a summer camp.	
I like to teach people or explain things to them.	
I would like helping students pick their high school courses.	
I like to help people make decisions.	
I like working in groups more than working by myself.	
TOTAL SCORE CATEGORY # 4	



Photo adapted from Allison Shelley, All4Ed

Category # 5

I like to lead a team of people.	
I like to persuade people to do things.	
I would like to sell things or promote ideas.	
I tend to be assertive, not shy.	
I am not afraid to take risks to accomplish something.	
I am a good talker.	
I like to work with people and data.	
I would like to supervise other people.	
TOTAL SCORE CATEGORY # 5	

Category # 6

I like to be organized and precise.	
I keep track of my money and how I spend it.	
I am a practical, down-to-earth person.	
I like to make lists.	
I like to solve math problems and work with numbers.	
I am good with details.	
I like to follow the rules.	
I like to follow clearly defined procedures.	
TOTAL SCORE CATEGORY # 6	

My Holland Categories are...

Category with the highest score: # _____

Category with the next highest score: # _____

Your teacher will tell you the Holland code name for each category.

I am _____ and _____.

