



The Starring Role in Your Life Story

You have the starring role in the story of your life. What are you like as a character? What makes you tick? You are a uniquely complex person filled to the brim with special qualities.

Over the next few weeks, you will do activities designed to help you know your desires, interests, and skills. If you know yourself, you will be able to make wise choices for yourself and for your future schooling and career. A career that is in line with your personal qualities, skills, and goals, is a *meaningful* career. And a meaningful career is a *satisfying* one.

To get started, complete the boxes below.

Two words that describe
my **personality** are

The things I **value** most in life are

Some of my
natural **talents** include

Things I am
most **interested** in are

One **goal** that I would like to achieve in
my life is

Some of the **skills I hope**
to acquire include
